KOORINGAL HIGH SCHOOL Newsletter

the

Term 3, Week 5, 2022

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Respect ~ Responsibility ~ Excellence

PRINCIPAL'S REPORT

50th Anniversary

2023 will mark the 50th Anniversary of Kooringal High School and we are intending on having a celebration to mark this significant milestone. We put a call out to any community members who have attended or worked at our school to be involved and assist in the organisation. An information night was held last Tuesday but if you were unable to make it, it is not too late to be involved. If you wish to be included on the mailing list, please contact the front office for more information or keep an eye on our Facebook page.

We are really looking forward to celebrating with our community.

Surround Sound Finalists

We were excited to learn this week that our KHS Funk Band have been selected as finalists in the 2022 Surround Sound band competition. With only eight schools remaining, our students will travel to Sydney to compete in a Battle of the Bands format at Spec Fest after receiving support and training from expert professional musicians. We wish our students and Miss Baker luck and hope they are able to come back with a win.

NAIDOC Day

Earlier in the term we were pleased to host our NAIDOC Assembly. Despite the quick change in arrangements due to weather, the students adapted really well in what was a powerful celebration and acknowledgement of our Aboriginal and Torres Strait Islander students and community. Students spoke well and performed both traditional dances and digeridoo playing. It was a fantastic assembly, and I would like to thank the students, Wes, Ms Howard and other staff involved.

Girls Softball

Last week our Girls Softball team competed in Sydney for the NSW State title. The girls came up against a tough Hills Sports High School side and were unfortunately defeated in the final game. This amazing achievement places the girls as 2nd in the state, a fantastic achievement for our school. Congratulations to the girls and Mrs Carter for their success.

Kind Regards, Kyle Bryant Principal



UPCOMING EVENTS

Sept 2 Year 7 Immunisations

Sept 12-Sept 23 Year 11 Preliminary Exams

Sept 19 Merit Assemblies

Sept 20 Sports Presentation Assembly

Sept 21 Year 12 Celebration

Sept 22 Year 12 Graduation



WELFARE REPORT

Year 7 Immunisations and Catch Up Immunisations

On Friday 2nd September a team of NSW Health Nurse immunisers will be visiting our school to continue with the following vaccines that are being offered to students in 2022:

Year 7

- Human papillomavirus (HPV) vaccine
 2-doses at least 6mths apart
- Diphtheria-Tetanus-Pertussis (whooping cough) vaccine - Single dose

Years 10

 Meningococcal ACWY vaccine - Single dose

Catch-up vaccination will also be available for any missed doses to students that had a consent signed in 2021, include:

- Year 8 (for HPV and dTpa vaccination)
- Year 11 (for Meningococcal ACWY vaccination)

If your child did not receive a consent card or has received the vaccine elsewhere or you wish to withdraw consent for any reason, please also contact Albury Public Health on 02 6053 4800 and press Option3 to discuss.

For more information about the NSW School vaccination Program, please visit <u>https://www.health.nsw.gov.au/</u> <u>immunisation/Pages/schoolvaccination.</u> <u>aspx</u>

Webinar for Parents and Carers -Navigating Youth Mental Health -

Wednesday 24 August 2022, 7-8pm Black Dog Institute's panel features clinicians and Lived Experience representatives who will discuss the following topics:

- Identifying signs that a young person needs support
- How to have a conversation with someone you are concerned about
- Support options for young people and their families

At the conclusion of the presentation, there will be the opportunity for attendees to ask questions of the panel. The webinar will be facilitated by Natalie Walker, P&C Federation President.

To register go to: <u>https://www.pandc.org.</u> <u>au/expert-insights-navigating-youth-</u> <u>mental-health/?_zs=I92nm&_zI=pjRH2</u>

Jeans for Genes Day - Friday 26th August

Students are encouraged to wear Jeans/ Demin and casual appriopriate attire to raise funds for the Childrens Medical Research Institute. The SRC will be collecting a gold coin donation thoughout the morning.

A sausage sizzle will be held at lunchtime \$2 sausage sandwich, \$2 soft drink or a \$5 meal deal (2x sausage sandwiches and 1x soft drink)

Extra donations are appreciated and can be made via <u>https://fundraise.</u> jeansforgenes.org.au/fundraisers/ kooringalhighschool2650/wear-your-jeans



2023 SCHOOL CAPTAIN CANDIDATES

Sterrito	Ryan Marshall
	To be captain of KHS would be an honour and a challenge that I am ready to take on board. I have contributed to many extracurricular activities for the school and will continue to do so proudly with the captain's badge. Remember vote I Ryan.
	Laurence Gunn
	Hi my name is Laurence Gunn. I have been attending Kooringal High since Year 7 and have greatly enjoyed being part of all the opportunities it has brought. I would love to represent KHS as a captain and commit to growing the positive environment that makes it so special.
State of the second	Will Manuel
	As your school captain, I will properly represent our school in our endeavours to support and better our community. I'll always be there to listen to each and every student, whether it's just a chat or a problem big or small. As your captain I'll allow your voice to be heard and allow you to shape the future of our school.
-	Adam Franks
	Hey gang, Adam Franks here. I've been here for 5 years now and I'd be honoured to be your school captain for 2023. For those who don't know me, I'm a pretty dramatic person to say the least but I'll do my best to make sure that everyone feels included and welcome at our school.
and the second	Jayden Wordsworth
	As a captain of Kooringal High, I would be committed to making improvements to our school and our environment in any way possible. I would be up to any challenge that appears and gladly represent our school with confidence and communication. Being a leader of the school is not a one person job. It is a team effort and I greatly value my teamwork to help others and be helped in return.

	Bella Lyons
	The core values of the school are respect, responsibility and excellence. I strive through my multiple involvements across the school to be respectful to my peers, the amazing staff and our diverse community. It is my responsibility as a member of the KHS community to promote the unique and outstanding nature of our school and it's achievements. I demonstrate excellence through endeavouring to achieve my best in academics and efforts to always be inclusive. Vote I Isabella Lyons.
	Amalee Muir
	Here at KHS, I am an active member of Senior Leadership and a Peer Mediator. I have assisted around the school through these groups and in CAPA, helping in our school canteen, assemblies and behind the scenes for productions and other performances. I love to guide and help others out and as a school captain, I would aspire to improve our school environment for everyone.
	Katie Fawns
	Hey! My name is Katie, a friendly and approachable Year 11. You may have seen me help around the school in the canteen or at fundraisers. I'm not hard to spot due to my height and the fact that I'm always laughing at something. I believe that I'm a good leader for this school as I always give 100% in everything I do. I'm always happy to help others - I'm a team player if you will.
STREET, STREET, ST.	Emily McMahon
	Hey guys! I'm Emily. Throughout my time at KHS I've been a member of the SRC, Peer Mediation and Senior Leadership. I've been actively involved in all aspects of school life, consistently helping the KHS community, from fundraisers to compering assemblies. I always strive to have a positive impact. I am supportive, approachable and dedicated and passionate about giving YOU the opportunity to make a difference. The future starts here with us. Together we can be the voice of change.
4.20	Carolyn Mundy-Broom
	As School Captain I would strive to be someone that people look up to. I consistently work towards being a good student, friend and leader in everything I do. If I was voted in as captain, I will do my best to make everyone feel welcome and seek to uplift the Kooringal High school name.
	Susannah Priest
	Hi I'm Susannah Priest and I would be delighted to be your school captain for 2023. I'm a respectful, kind and optimistic person, always endeavouring to set a positive example. Participating in Peer Mediation and the Wagga Future Leaders Program has taught me countless, valuable leadership qualities. As captain I will continue to use my skills and knowledge to build on the positive and inclusive nature of our school, encouraging everyone to get in and have a go.

SCIENCE NEWS

This week is Science week – we are doing lots of STEM experiments in class this week.



On Monday we had Dr Brad Tucker and Peter Swanson from the Australian Nation University come to our school as part of the STARS program to speak to students about the Indigenous Sky and Space Travel. They also hosted a community event which included a star gazing evening. We were able to see Saturn with it's rings and Alpha Centuri with a telescope that ANU donated to Kooringal High School. We are very grateful for their visit and donation of the telescope to the school.

7A using magnifying glasses to work out the patterns in their own fingerprint and then doing some forensic science 'lifting' their own fingerprints off of a glass beaker.











7A completing a marshmallow and spaghetti STEM challenge













Yr 8K making an indicator rainbow





80 performing fingerprint analysis



Page 7

In week two, Mr Ryan took 26 students from Years 9 & 10 to the Science and Engineering Challenge, an annual competition hosted by Rotary and Newcastle Uni. Eight local schools competed in eight different practical problem-solving activities. Each group completed two tasks, and each task was completed twice, except for the all-day feature event: The Bridge Building Challenge. KHS placed consistently in the top 3 schools for most events and accumulated an impressive tally of total points to emerge victorious! Our students tremendous success left them just short of securing a place in the State Finals, but did net a shiny glass plaque, as a nice nod to the National Year of Glass.



Monday of Week 5, Mr Ryan and Mr Bathgate took 31 of our scientists from Years 9 & 10 to Kooringal Public School to share our enthusiasm for science with an exhibition of a range of glass-based activities our faculty has to offer. Our students put on teachers caps and spent the day educating and entertaining students from K to 6, as well as teachers. A big thanks to Mrs Morton and the Science and Technology team at KPS for giving us the opportunity to inspire budding scientists of the next generation!



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SPECIAL ED NEWS

Last term students participated in a Multisports day at the Equex Centre. They were able to experience lawn bowls, hockey, basketball, bike riding and golf.



James Coffey has been busy completing his major HSC Visual Art project. He has created a series of String Art depicting a variety of shapes and images.



Students in the Support Unit have been building bridges in Mandatory Technology. They have investigated a variety of engineering processes to make their bridge as strong as possible. Last week they tested the strength of their bridges by putting weights on them. The strongest bridge held 39.2kg.



In PDHPE students have been participating in Dance. We have learned the Heel Toe Polka, Nutbush and Macarena. Students have joined in Just Dance sessions and other line dances. In theory lessons our stage 5 students are looking at Healthy Food Choices and how they impact our health.

SPORT NEWS

The Open Girls Softball team travelled to Newcastle last week to compete in the state finals of the CHS Knockout competition. The girls won all games on the opening day to advance to the top four playoffs on the second day. After winning the semi final against fierce opposition the KHS girls advanced to the grand final against The Hills Sports High School who boasted an outstanding fielding and batting record throughout the knockout having not been held scoreless in an innings.

Kooringal High School demonstrated tremendous resilience and tenacity to keep their opposition scoreless for 4 of the 7 innings played in the final due to the outstanding fielding from all players, but most notably from Anneka Piercy at third base. Our pitchers Alex Maiden and Kealey Bettens asked plenty of questions of The Hills batting line up who struggled with their pace and placement. Our outfield took key catches through lzzy Cooper and Ella Bridle with two down to give us a chance to level the score with the bat which had been a strength of ours throughout the competition. Unfortunately, despite our strong hitting, the ball could not find the gaps in the field and we went down to the Hills 8-0 after they batted in runs off two over the fence home runs.

With no bench, the girls are to be commended for their determination and resolve to tough it out for each other and perform at their best despite the pressures that arose in each game. Special mentions to Anneka Peircy who was statistically in a league of her own, Kealey Bettens for outstanding sportsmanship and Alex Maiden for her consistent performance on the pitching plate and with the bat.

Congratulations to all girls who return to KHS ranked the second best softball team in the state, and our most successful softball team in school history.



TAS NEWS

The rate of recycling in Australia has risen, however, there has been a decline in the number of recycled plastics used in the development of new consumer products.

In the TAS Faculty Stage, 5 and 6 Design and Technology students have been looking at how we cannot just recycle plastic but reuse it in creative ways. Donated plastic bottle lids from the school community in addition to those collected from the school Café has created a stockpile of otherwise wasted resource to be reused. Once collected, and washed, it can be remolded into a range of products. Currently we have focused on either a small planter pot or a sheet of HDPE plastic that can then be used in either the Timber, Metal, Engineering or Design Workshops.



What started as a small ripple has grown to something that we are very proud of and are currently in the third round of selection for 'Sustainable Schools Grants' offered by the DET. If successful in our bid, the grant money will go towards machinery to process material at a larger volume, as well as different forming methods to allow for further design and development for student's projects.

Our progress with the project so far would not be possible without the help of a few generous people;

- Brendon Kellam and Byrne's Trailers, who has donated not only time and materials but also assisted with the production of the metal moulds that are used for the creation of the products. Without these crucial tools, it would be impossible to achieve our existing products.
- Josh Larwood and the wellbeing team for assisting with the collection of plastic bottle lids.
- The school community for donating bottle lids that allow us to design, experiment and develop products.





Page 10

One of the big strengths of Kooringal High School is our community. So, what can you do?

- 1. Where possible substitute plastic choices out for more environmental options
- 2. If this is not possible, can you reduce or repurpose them in another way?
- 3. If you wish to donate some lids so that we can use them in a future project, please ensure they are rinsed under hot water before depositing them in the collection points at the wellbeing area.

At KHS it is our vision that by understanding material properties, manufacturing processes and disposal methods we can develop creative thinkers, that are globally responsible and actively involved in understanding what sustainability means.





Visit to Full Circle Coffee Roasters



Recently Year 11 Hospitality had the opportunity to watch a coffee bean roasting demonstration at Full Circle Coffee Roasters (<u>https://m.facebook.com/fullcirclecoffeeroasters/</u>) Lachie is a Kooringal High School Alumni, who started his own business and is the supplier of beans to our school Cafe.

It was great to see the process of where the coffee used in Cafe One Nine Five comes from and for the students to gain firsthand knowledge. Thanks again to Lachie for giving up his afternoon and allowing our students to come down and watch how its done!





Page 11

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CAREERS NEWS

Year 10 Work Experience

There has been a number of students arranging work experience this term which is great. Year 10 is the perfect time to try a range of career areas prior to senior school or to get a 'foot in the door' for an apprenticeship or traineeship. If students act quickly there is still time get a placement organised before the end of term, Weeks 8 and 9 would be the timeframe to aim for. There is also a list of possible work experience placements listed in the opportunities section of the KHS Careers website. Work Experience opportunities

UAC Digital | Let's Chat – Scholarships

Wednesday 24 August 2022, 6:00 pm - 6:00 pm Online

Equity scholarships can provide students from a low socio-economic background with financial support while studying. Learn about applying and key dates, and get answers to the most commonly asked questions.

We'll also discuss other scholarships that you can apply for direct to the university.

Find out more: <u>https://uacdigital.</u> <u>easywebinar.live/registration-lets-chat-</u> <u>scholarships</u>

Students looking for Casual and fulltime work

Many employers are now recruiting for their Christmas casuals and for their permanent 2023 staff. Check the list of local vacancies at <u>KHS Careers vacancies</u>

Page 12

Students looking for scholarships

The KHS Careers website has information about a range of scholarships for high school, TAFE, VET and university study. Scholarships link

Enhanced Support for School Leavers

All Australians aged 15-24 are eligible for a free one-on-one, 45-minute career guidance session with a qualified career practitioner through the School Leavers Information Service. The information service is available via text, email or phone. You can discuss any questions you may have and plan your next steps around study, upskilling or entering the workforce after school.

The School Leavers Information Kit, Your Career: What's next for you? is also available at <u>yourcareer.gov.au</u>. This is a downloadable or printable brochure providing you, your family and friends with tailored education, training and work options and information.

Are you a parent or guardian of a school leaver? We've developed a dedicated <u>Parents and Guardian's Guide for School</u> <u>Leavers</u>, just for you.

To speak with someone today or to learn more about the NCI's career services, you can:

Text SLIS2022 to 0429 009 435 (Minimal call/text costs may apply)

Email schoolleavers.nci@dese.gov.au Call 1800 CAREER (1800 227 337)

Did you know KHS has our very own App?

You can send in an absentee note, change address details, access the online uniform shop, access school newsletters, access the student/parent portal and more! You will also receive important messages to your device.



