

Kooringal High School Cross Country 2019

Wednesday 1st May 2019, Term 2 Day 2

This is a compulsory whole school event. All students are to attend with the exception of VET students who will go to class as per usual. However, VET students wishing to run will be allowed. Please notify your teacher that you are running.

No production rehearsals on that day.

Time

Buses will leave school at 12.45pm (after an early lunch) & return by 3pm

Venue

Lake Albert - the path around the lake

Cost

\$3 for the bus

Bring: Drink bottle, hat and sunscreen, jacket for after the event. Own asthma medication if required.

Please Note: Any student wishing to walk home after the event must bring a note from home and have it *signed by the Deputy Principal/Mr Wykes* or a Sports Organiser by recess.

Students are strongly encouraged to *run as much of the course* as possible.

Those with medical conditions preventing their participation may see the Sports Organisers **BEFORE** Wednesday to volunteer to assist at Finish Area.

We are looking forward to seeing as many students as possible participating in this school event, enjoying a fun afternoon and earning those valuable house points.